



FROM THE
SMALLEST
THINGS

GREAT
THINGS
CAN BE
ACHIEVED



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15 YEARS ALREADY!

The Foundation which started in 1995 has just reached 15 years of age.

From what started with \$100,000.00 put in by Macrossan & Amiet the funds now held are over \$850,000.00!

Whilst the Partners of Macrossan & Amiet may have paid in the money to start things going, it is our clients and the people of Mackay who have really embraced the Foundation and pushed it forward.

We cannot stress strongly enough our thanks to those clients and the people of Mackay who have contributed. Importantly, none of these people seek public acknowledgment of their contributions (so that is why their names are never mentioned by us) but to those people we truly thank them.

To see the fund grow from \$100,000.00 to over \$850,000.00 in just 15 years has exceeded all our original expectations. It is a truly remarkable achievement.

What does it mean for charities in Mackay and the Whitsundays? It means that this year we had available for distribution to charities nearly \$40,000.00. Our hope is that the distributions made by the Foundation will assist charities in Mackay and the Whitsunday areas to enhance the valuable work that they do.

Our New Banner

To mark the 15 years there is also a refreshing update to our Foundation's promotion. You will notice now that we include the very appropriate title: -

"From the smallest things, great things can be achieved"

*"You can help our community take flight
by donating to this Foundation"*

If you look closely at our banner you can see how a "concept on paper" (the origami bird) has taken flight into a dove. Most appropriate we thought. Thanks to Deirdre Comerford for her work in refreshing our brand.

With the growth that we have seen in the foundation over 15 years we think it is very appropriate that we recognise what can be achieved from a humble start.

YOU CAN HELP OUR COMMUNITY TAKE FLIGHT BY DONATING TO THIS FOUNDATION

www.macamiet.com.au

The Real MasterChef

I always thought that cooking dinner for eight people was a challenge until I met Denise Brooks of Mackay Meals on Wheels. Denise cooks up to 300 meals a day, five days a week. When she told me that she cooks for 300 daily that's when I thought I better not tell her that cooking for eight was hard.

Last year we provided funding for a "brat pan".

I had no idea what this was but I think it best to simply say it is an enormous slow cooker for a commercial kitchen. How big? Well your domestic slow cooker is about 1 litre or 1.5 litres. This brat pan is 150 litres!

Denise, who has been with Mackay Meals on Wheels for 20 years (with the last five as their head chef), tells us that it has helped out the job of preparing meals enormously. As our resident Mackay MasterChef, Denise says that she can cook everything from silverside or corn beef, right through to stewing apricots for desserts. It has made life a lot easier in organising the 300 meals a day that they prepare.

For me it was a long time since I have been to Meals on Wheels. I can remember as a young "pimple-faced" high school student volunteering at Meals on Wheels (I went to a Christian Brothers Boys School so you did this sort of thing) and helping them deliver meals to the residents of Spring Hill and around Lang Park in Brisbane.



What I always remember from those times was how important the daily visit from the Meals on Wheels was. Of course there was always the social interaction and just the chance to say "hello" to somebody but for the resident they were getting a really good hot meal every day (I know how tough it is to cook for one, I never seem to bother), but also there was someone to check on them (as most of the people were living alone) just to make sure that they are ok.

What I find really amazing about this service is just how organised it is. It reminded me of the military with the way the kitchen would start up before 5:00am in the morning, prepare 300 meals which are packed and ready to go with the small army of 32 delivery people who came in just before lunch time to have the hot meals delivered out to people in Mackay and up the Pioneer Valley. This happens five days a week.

I do not know how Denise and her team manages but at Christmas time when we are all finding it hard to get things done she manages to organise an extra Christmas treat to go out so people have a special meal for Christmas day as well!

The Foundation is particularly pleased to have been able to help out Meals on Wheels, not just because it is a terrific service provided for members of the community, but also because it is organised and run so efficiently by very dedicated people. I am sure those at

Meals on Wheels are always looking for helpers.

A ROYAL COOKBOOK



Leanne Pullen, five time entrant of the Royal Flying Doctor Services Spirit of Queensland Awards and passionate advocate for the Royal Flying Doctors Service ("RFDS") has released her latest fundraiser 'More Family Favourites Recipe Book Volume 2' to raise much needed awareness and funds for the RFDS. Following the sell-out success of her Family Favourites Recipe Book which raised in excess of \$60,000.00, Leanne collected favourite recipes from the community to compile volume 2 of the recipe book.

The Macrossan & Amiet Charitable Foundation are a proud supporter of the RFDS in assisting with the publishing of the second recipe book.

Of the RFDS Leanne said..."It's an honour and I am proud of my associate with such an incredible Australia Icon".

All funds raised from book sales will go directly towards upgrading and replacing ageing aircraft and vital medical equipment for the RFDS Queensland Section.

'More Family Favourites Recipe Book Volume 2' can be purchased from Macrossan & Amiet for \$19.95, The recipe book is also available for sale at Mirani Post Office, Marian Post Office, Walkerston Post Office, Walkerston Newsagency, Moore's Newsagency, Plaza Medical Mackay, Sarina Tourist Art & Craft Centre, South Mackay Supermarket, Terry Deane Menswear and Zetta Boutique or by contacting Leanne on (07) 4942 2824/ 0458242969.

Fact: -

Through our generous Donors assistance, the total of the Grants distributed from the M&A Charitable Foundation since 1995 is now over...

\$ 175,607.00 !